

Energy Benchmarking in Healthcare Facilities: A Comparative Study

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Abstract

Benchmarking the energy efficiency of buildings is important for improving the efficient use of energy and reducing carbon footprint, especially for healthcare facilities with high energy usage intensity. However, the historical difficulty of collecting energy data from a relatively large number of healthcare facilities has hobbled efforts to develop such an efficient benchmarking system. In this paper, we seek to stimulate such efforts by benchmarking the energy efficiency of healthcare facilities using three different methods, i.e., multiple linear regression (MLR), generalized additive model (GAM), and energy performance index (EPI). The analysis was applied using a unique dataset that contained information on energy consumption and various building features for 22 large-size public hospitals managed by the Shanghai hospital development center (SHDC). Findings suggest that different benchmarking methods yield substantively different energy performance ranking results. Furthermore, a comparative analysis of the three benchmarking methods was conducted in terms of goodness of fit, consistency, and robustness. The results show that MLR tends to be the most consistent and robust benchmarking model while GAM could bring the highest goodness of fit. The proposed methodology can assist hospital managers in identifying potential improvements for the energy efficiency of healthcare facilities.

Author Keywords: Healthcare Facilities; Energy Performance; Benchmarking; Generalized Additive Model

37

38 **Introduction**

39 Concerns about the resource shortages and environmental pollution issues with the use of fossil
40 fuels are growing around the world, driven by rapid population and economic growth.
41 According to the Intergovernmental Panel on Climate Change (IPCC), at least one-third of
42 global primary energy consumption and greenhouse gas emissions were attributed to the
43 existing buildings (IPCC 2014). Healthcare facilities, in particular, have received increasing
44 attention due to their high energy usage intensity (Tejero-González et al. 2020). Compared to
45 many other building types (e.g., hotel buildings, office buildings), healthcare facilities are
46 complex buildings that are characterized by strict thermal comfort requirements and additional
47 use of specialist medical equipment (Morgenstern et al. 2016). In the United States, healthcare
48 facilities represent 4.8% of the total area in commercial buildings and account for 10.3% of
49 their total energy consumption, yielding the second highest energy usage intensity after the
50 food service industry (Bawaneh et al. 2019). In Germany, the average annual energy
51 consumption of a hospital under normal climatic and operational conditions is 0.27MWh/m²
52 (González González et al. 2018a). In China, the energy usage intensity of healthcare buildings
53 in 2016 was 118 kilowatt-hours (kWh)/(m²a), two times more than the ordinary public
54 buildings (Jiang et al. 2018). The energy benchmarking of hospitals needs to be conducted as
55 a specific area, as recommended by previous studies (Lomas and Ji 2009; Singer et al. 2009).
56 Thus, improving the energy performance of existing buildings, and specific healthcare
57 buildings can be seen as a significant lever from both environmental and economic perspectives.

58 To improve the energy performance of existing buildings, a critical step is to measure it
59 in a transparent and objective way (Wei et al. 2018). This involves comparing the in-use energy
60 performance of a single building against a performance baseline (Roth et al. 2020). Generally,
61 three types of performance baseline can be calculated, i.e., previous performance, a reference

62 performance level, or current performance of similar buildings (Roth and Rajagopal 2018). In
63 the context of this study, calculating the last type of performance baseline is focused on, a
64 process known as energy benchmarking. Consistent with the original definition of
65 benchmarking given by Camp (1989), energy benchmarking is a process of searching for the
66 best practice which can lead the organization to achieve superior energy performance. Energy
67 benchmarking can provide the building owners the information about the energy performance
68 of their buildings, making them more knowledgeable about energy efficiency improvement
69 opportunities (Kontokosta et al. 2020). In addition to creating an energy performance baseline
70 for a specific building, benchmarking is helpful for building owners and managers to set
71 priorities for limited resources (e.g., such as capital and staff) (Cox et al. 2013).

72 Throughout the years, a significant number of energy benchmarking tools have been
73 developed by governments and agencies to support energy efficiency programs. For example,
74 the *EnergyStar* Portfolio Manager platform is a widely adopted interactive resource
75 management tool in the United States and Canada, enabling building owners to benchmark the
76 energy use of buildings (Arjunan et al. 2019). Likewise, all member nations in the European
77 Union were suggested to implement building energy labelling schemes that can provide ratings
78 to buyers in the real estate market (Annunziata et al. 2013). Inspired by these systems, other
79 parts of the world have initiated their own benchmarking systems, such as Australia (Bannister
80 2012) and Singapore (Duarte et al. 2016). Considerable researches have reported that the
81 widespread deployment of energy benchmarking systems has impacted the energy efficiency
82 of the existing building significantly. For example, a study conducted by Roth et al. (2020)
83 showed that 7% of savings had been achieved over four years since many cities throughout the
84 U.S. mandated large-size buildings to benchmark their energy consumption. From an emission
85 and cost reduction point of view, it is necessary to develop an efficient energy benchmarking
86 system to enable scientific evaluation of building energy performance.

87 While benchmarking tools developed by different organizations and researchers in the
88 scientific community provide indications of how one building compares to its peers, as
89 Morgenstern et al. (2016) noted, energy benchmarking in healthcare settings has received less
90 attention. Fundamentally, two possible reasons have been identified: the limited access to data
91 from a relatively large number of healthcare facilities and the inherent differences between
92 healthcare facilities. As Wei et al. (2018) pointed out, different benchmarking systems have
93 their application situations with their own assumptions. Thus, the performance of the widely
94 adopted benchmarking systems and their full potential in healthcare scenarios are still not clear.
95 Moreover, the characteristics of energy consumption and influence mechanisms may differ
96 from country to country. For example, research conducted by (Hong et al. 2014) showed that
97 Chinese buildings consume much more energy for lighting than buildings in the United States
98 because the latter's single-pane windows can introduce more natural light. Consequently, the
99 following research question is asked: "Are there any effective benchmarking tools that can help
100 determine or compare the energy performance of healthcare facilities?"

101 The purpose of this study, therefore, is to present a framework that can be applied to gain
102 a deeper understanding of the development of an energy benchmarking system for healthcare
103 facilities. Such a framework also permits comprehension of the processes where energy
104 performance is influenced. Generally, the healthcare facility is a broad term that can be used to
105 describe several building typologies, such as hospitals, outpatient and inpatient centers, and
106 community care facilities (Ahmed et al. 2015). Given that hospitals are accounting for more
107 than half of the energy usage in healthcare systems (Bawaneh et al. 2019), this study focuses
108 on energy consumptions in large-scale hospitals. To illustrate the research process, three
109 methods, i.e., multiple linear regression (MLR), generalized additive model (GAM), and
110 energy performance index (EPI), were selected for energy benchmarking. A unique dataset that
111 contains information on energy consumption and various building features for 22 large-size

112 public hospitals managed by the Shanghai hospital development center (SHDC) was utilized.
113 Additionally, the ranking results of the three methods were compared in terms of goodness of
114 fit, consistency, and robustness. It is worth noting that the framework outlined in this study is
115 only one of many that might be suggested. This study aims to provide evidence as a basis for
116 the development of meaningful energy performance targets for hospitals.

117 **Literature Review**

118 ***Current Energy Benchmarking Approaches***

119 During the last 20 years, a wide variety of benchmarking models has been developed for
120 assessing the energy performance of existing buildings. Generally, these models can be
121 classified into four categories: end-use metrics, point-based rating system, simulation model-
122 based method, and statistical analysis (Ghajarkhosravi et al. 2019). The end-use metric, also
123 known as the energy performance index (EPI), is the most commonly used method to indicate
124 the relative energy performance of a single building. However, the downside of EPI is that it
125 does not account for other important factors that are known to have effects on energy
126 performance, such as buildings' age, occupancy levels, weather, etc. (Chung 2011). The point-
127 based rating system is used to evaluate the energy performance of a certain building concerning
128 predefined guidelines and standards. A representative of the point-based rating system is
129 Leadership in Energy and Environmental Design (LEED), which is the leading program for
130 green buildings and communities worldwide. The main process of LEED is to certify green
131 buildings by awarding points to buildings meeting some specific green building standards. In
132 spite of its great success, LEED has been criticized for ignoring context and lack of scientific
133 robustness (Zimmerman and Kibert 2007). The simulation model-based method can virtually
134 assess the periodical load dynamics of buildings by mimicking the physical attributes,
135 including properties of materials (e.g., concrete, brick) and building geometry (e.g., width and
136 height of a surface), etc. (Kim et al. 2015; Yang et al. 2018). Simulation model-based methods

137 are advantageous in considering various inputs contributing to energy use and can generate
138 design and operational alternatives (Sokratis Papadopoulos 2019). However, existing studies
139 have pointed out that simulation-based systems require extensive domain expertise and a time-
140 intensive calibration process to yield accurate and reliable results (Ahmad and Culp 2006). The
141 statistical model is based on the implementation of a function by inputting some observable
142 data already available (Sowby and Burian 2018). This method is well employed when the
143 physical features of the considered building are not known (Fouquier et al. 2013). Regression-
144 based approaches as well as artificial neural networks, are commonly used statistical models
145 (Hawkins et al. 2012).

146 In summary, each of these benchmarking methods has its pros and cons. Due to the great
147 heterogeneity of healthcare facilities, an arbitrary choice of one single indicator or method may
148 fail to accurately benchmark healthcare facilities. Thus, it is necessary to develop a comparative
149 benchmarking methodology for energy managers so that more reliable results can be achieved.

150 ***Benchmarking Program in Healthcare Sector***

151 Benchmarking can serve as a useful tool to measure the operating performance of healthcare
152 organizations and thus facilitate the performance comparison within and outside of their
153 organizations (Ettorchi -Tardy et al. 2012). Since its first appearance in the healthcare sector in
154 1990, when benchmarking was used to meet the needs of the Joint Commission on
155 Accreditation of Healthcare Organizations (JACHO) in the U.S., several benchmarking
156 frameworks in the healthcare context have been established. In 2001, the Organization for
157 Economic Cooperation and Development (OECD) initiated the Health Care Quality Indicator
158 (HCQI) Project to assess international health care quality that has ever been undertaken. In
159 2003, the Performance Assessment Tool for Quality Improvement in Hospitals (PATH) was
160 designed as an internal tool for quality improvement in hospitals by World Health Organization
161 (WHO) (Groene et al. 2008). Another famous benchmarking program is the Construction

162 Industry Institute (CII)'s National Healthcare Facility Benchmarking Program which focuses
163 on the delivery of healthcare projects ranging from programming to activation/move-in phases
164 (Choi et al. 2020). In addition to these programs developed by governments and agencies, there
165 are also benchmarking studies conducted in academia. For example, Feibert et al. (2019)
166 benchmarked the bed logistics process and the pharmaceutical distribution process of a hospital
167 to improve process performance. Fry et al. (2016) conducted a benchmarking study on risk-
168 adjusted adverse outcomes to identify the opportunity for care improvement. Morgenstern et
169 al. (2016) constructed an energy benchmarking by taking into account the electricity usage of
170 several department types, such as wards, theatres, laboratories, and some other departments.
171 Kamaluddin et al. (2016) developed a typical base-case hospital building model via *EnergyPlus*
172 software based on available surveyed data in Malaysia.

173 By reviewing the previous literature relevant to benchmarking programs in the healthcare
174 context, two gaps have been identified. First, compared to the core business of healthcare
175 facilities (e.g., clinical quality, patient care, service delivery), the energy performance of
176 healthcare facilities has historically rarely been studied. Second, there is a lack of systematic
177 benchmarking for energy performance at the hospital level instead of the building or
178 department level, which is critical for setting energy-saving targets for hospitals.

179 **Evaluation Criteria of Benchmarking Methods**

180 To identify the most appropriate benchmarking method, a comparison between different
181 methods is necessary. Thus, different evaluation criteria have been used in previous studies.
182 For example, Keirstead (2013) employed three methods (i.e., ratio measures, regression
183 residuals, and data envelopment analysis) to measure urban energy efficiency and concluded
184 that each method has its own strengths and weakness in terms of the ease of interpretation,
185 ability to identify outliers and provide consistent rankings. Gao and Malkawi (2014) validated
186 the feasibility and robustness of their proposed clustering approach with the *EnergyStar*

187 approach. Chen et al. (2018) compared their proposed Lorenz curve method with previous
188 statistical methods. They summarized the advantages of that method from four aspects:
189 reliability, applicable flexibility, generalized ability, and assumption of models. Papadopoulos
190 and Kontokosta (2019) compared the performance of the GREEN grading and the EnergyStar-
191 based scoring for NYC's large residential properties in terms of the goodness of fit and energy
192 performance grade assignment. Ding and Liu (2020) compared the consistency, robustness, and
193 explanatory ability of three methods (i.e., multiple linear regression, stochastic frontier
194 analysis, and the descriptive statistics method) and found that the robustness of these methods
195 depends on the specific benchmarking purpose. For example, if the building owners want to
196 compare the energy performance of buildings in terms of ranking order, the descriptive
197 statistics method would outperform the other two methods. When the energy performance is
198 compared in terms of energy grades, stochastic frontier analysis tended to be the method with
199 the highest robustness.

200 The ideal way for validating benchmarking methods is to compare the benchmarking
201 results with the ground truth. However, it has been a widely acknowledged challenge across
202 building benchmarking studies (Ding and Liu 2020; Francisco et al. 2020). Modern buildings
203 encompass complex energy systems, making it challenging to acquire the practical energy
204 efficiency of an individual building, let alone large-scale buildings (Ding and Liu 2020). To a
205 certain extent, it is the lack of ground truth that makes benchmarking energy performance based
206 on existing methods more critical and necessary, enabling building operators to identify the
207 inefficient buildings with limited resources, such as data, time, and effort.

208 **Methodology**

209 The proposed methodology for the energy benchmarking process is capsulized in Fig. 1. As
210 indicated, there are four major steps: data acquisition, methods selection, derivation of the
211 ranking table, and comparison of methods. More details for the four steps can be found in the

212 following section.

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214 Insert Figure 1 about here
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216 **Data Acquisition**

217 As a follow-up study from the performance benchmarking of healthcare facilities management
218 reported by Li et al. (2020), the proposed models will be applied to a group of municipal public
219 hospitals located in Shanghai, China. These healthcare facilities are managed by Shanghai
220 Hospital Development Center (SHDC), a management institution that was set up by Shanghai
221 Municipal People's Government in September 2005. SHDC needs to make informed decisions
222 based on detailed knowledge of the energy performance of each hospital. Thus, there is a strong
223 motivation for SHDC to find a way to measure the energy performance of hospital buildings.
224 In this study, data that contained information on energy consumption and energy influencing
225 factors of these hospitals were provided by SHDC.

226 **Methods Selection**

227 As mentioned previously, various methods have been employed in the field of energy
228 benchmarking. However, it is not the aim of this study to create new benchmarking methods.
229 Instead, the novelty of the proposed methodology lies in its original analysis of the evaluation
230 performance of existing benchmarking methods from the perspective of their applications in
231 healthcare settings. In addition, it is because each method has its own pros and cons that make
232 it necessary to compare the different methods based on some evaluation criteria. An arbitrary
233 choice of one single method may bring misleading policy conclusions (Cai et al. 2019). As
234 mentioned previously, the main purpose of this study is to present a possible instrument and
235 process for building owners and managers to establish an efficient energy benchmarking
236 framework with limited resources. Therefore, three commonly used benchmarking methods,
237 i.e., multiple linear regression (MLR), generalized additive model (GAM), and energy

238 performance index (EPI) were selected for the benchmarking analysis.

239 **MLR Method**

240 Multiple linear regression (MLR) is selected for being the most popular method and the ability
241 to obtain the most suitable subset of independent variables (Wei et al. 2018). As the extension
242 of a simple linear regression model having only one independent variable, MLR can
243 accommodate multiple independent variables, resulting in a better explanatory power (Sharma
244 et al. 2020). According to Wei et al. (2018)'s research, the stepwise multiple linear regression
245 method can be used to develop the MLR model. The basic principle of this method is to
246 introduce significant factors into the model step by step and then remove those insignificant
247 factors. As with Gao et al. (2019), the logarithmic transformation of both independent variables
248 and dependent variables was prompted to address the heteroscedasticity of the model.
249 Meanwhile, variance inflation factor (VIF) is used as the index for measuring multicollinearity,
250 i.e., a phenomenon in which more than two independent variables are highly related in a
251 multiple regression model (Lavery et al. 2019). There may be serious multicollinearity between
252 the independent variables if the VIF value is greater than or equal to 10 (Chai et al. 2018).
253 Otherwise, it can be concluded that there is no multicollinearity between variables. Finally, a
254 more accurate regression model can be obtained. The developed MLR model is given by the
255 following equation:

$$256 \quad \ln Y = \beta_0 + \beta_1 \ln X_1 + \beta_2 \ln X_2 \cdots + \beta_p \ln X_p + \varepsilon \quad (1)$$

257 Where Y is the dependent variable, β_0 represents the intercept, β_i represents the
258 coefficient, X_i are the significant influencing factors ($i=1, 2, \dots, n$), and ε is the residual. An
259 important performance metric is adjusted R^2 , which can be used to indicate the goodness of fit
260 as well as represent the amount of variance explained by the MLR model.

261 **GAM Method**

262 The generalized additive model (GAM) is a generalization of linear regression models, in
263 which there are assumed additive functions and smooth components (Hastie and Tibshirani
264 1986). To be specific, the coefficients in GAM can be expanded as smooth functions of
265 independent variables. Thus, they can account for non-linear relationships between dependent
266 variables and independent variables, offering a middle ground between simple models (e.g.,
267 linear regression) and complex models (e.g., neural networks). In recent years, GAM has been
268 applied in many fields, such as ecological fields (Jowett et al. 2008), and environmental issues
269 (Zou et al. 2017). According to de Brogniez et al. (2015), a GAM model can be expressed as
270 follows:

$$271 \quad E(Y|X_1, X_2, \dots, X_p) = \alpha + f_1(X_1) + f_2(X_2) + \dots + f_p(X_p) \quad (2)$$

272 Wherein X_1, X_2, \dots, X_p are the independent variables, Y represents the dependent
273 variable, and $f_j(X_j)$ is a smooth function that can be estimated with nonparametric regression
274 methods.

275 **EPI Method**

276 The energy performance index (EPI) is one of the most widely used metrics in energy
277 benchmarking. Generally, EPI can be viewed as the ratio of the energy input to some energy-
278 using factors, such as the number of services or goods (Abu Bakar et al. 2015), depending on
279 the specific scenarios. For example, for hotel buildings, the number of guest room was
280 considered in the calculation of EPI (Teng et al. 2017). González González et al. (2018)
281 collected data from 23 public hospitals in Germany and analyzed the relationship between
282 energy consumption and the built area, the number of workers, and the number of beds per
283 hospital. They found that the most suitable reference to quantify the energy consumption of a
284 hospital is the total energy consumption normalized by the number of beds. Healthcare

285 buildings are complex systems that can be viewed as a combination of general buildings and
286 hospital-specific buildings. Therefore, three types of EPI were adopted in this study, namely,
287 EPI_{area} , EPI_{bed} , and EPI_{person} . EPI_{area} was selected because it is the most commonly used
288 EPI in the conventional building sector for measuring energy performance (Bakar et al. 2015).
289 EPI_{bed} , EPI_{person} were treated as hospital-specific indicators. As with González González et
290 al. (2018a), EPI_{bed} is defined as the ratio between the energy consumption and the number of
291 available beds. EPI_{person} refers to the energy consumption normalized by the total number of
292 patients ($TNOP$). Following the method adopted in Li et al. (2020), $TNOP$ is the sum of the
293 number of outpatients, the number of emergency patients, and three times the number of
294 outpatients. They can be calculated as follows:

$$295 \quad EPI_{area} = \frac{\text{Total energy consumption}}{\text{Gross floor area}} \quad (3)$$

$$296 \quad EPI_{bed} = \frac{\text{Total energy consumption}}{\text{Number of available beds}} \quad (4)$$

$$297 \quad EPI_{person} = \frac{\text{Total energy consumption}}{\text{Number of outpatients} + \text{number of emergency patients} + 3 * \text{number of inpatients}} \quad (5)$$

298 **Derivation of Ranking Table**

299 Based on the established MLR or GAM model, predicted energy consumption for each hospital
300 ($Y_{Predicted}$) can be calculated. Then, the energy efficiency ratio (EER) can be defined as the ratio
301 between the actual energy consumption (Y_{Actual}) and the predicted energy consumption
302 ($Y_{Predicted}$), just as shown in the following equation.

$$303 \quad EER = \frac{Y_{Actual}}{Y_{Predicted}} \quad (6)$$

304 The smaller the value of EER is, the more energy-efficient is the building since it means
305 the building uses less energy than the predicted value; otherwise, the less energy efficient is the
306 targeted building. Based on the calculated EER , a ranking table can be derived. Ranking by
307 EER is in descending order, meaning smaller EER values indicate the higher energy efficiency

308 of hospitals.

309

310 **Comparison of Methods**

311 In this study, the performance of benchmarking methods is evaluated on three criteria:
312 goodness of fit, consistency, and robustness.

313 **Goodness of Fit**

314 An essential step in developing a benchmarking system is to select a model that can generate a
315 reasonable and reliable predicted value of total energy consumption, i.e., high goodness of fit.

316 In this study, the adjusted R^2 was used to represent the goodness of fit.

317 **Consistency**

318 Three data-driven benchmarking methods, MLR, GAM, and EPI, were applied in this study.
319 As mentioned previously, three types of widely used EPIs for healthcare facilities were selected,
320 including EPI_{area} , EPI_{bed} , and EPI_{person} . Thus, there are a total of five ranking results obtained.
321 Following the method adopted by Graafland and Eijffinger (2004) and Ding and Liu (2020),
322 the Spearman correlation coefficient was used to test the consistency between these methods.

323 **Robustness**

324 In a practical situation, buildings will be divided into different grades according to their energy
325 performance. Based on their ranking results, the 22 hospitals were divided into three groups
326 (with different colors). The top 1/3 are denoted as Group 1 (rank 1 to 7), the middle 1/3 (rank
327 8 to 15) are denoted as Group 2, and the last 1/3 (rank 16 to 22) are denoted as Group 3.
328 Following Ding and Liu (2020) and Cai et al. (2019), the Sankey diagram is used to mapping
329 the interactions among the ranking results of the three methods.

330 **Case Settings and Results**

331 **Data Acquisition**

332 **Sample Description**

333 Supported by the Shanghai hospital development center (SHDC), 22 large-scale municipal
334 hospitals were selected as the sampled hospitals due to data availability. These 22 public
335 hospitals included twelve general hospitals (numbered H1 to H12), five specialty hospitals
336 (numbered H13 to H17), and five traditional Chinese medicine hospitals (numbered H18 to
337 H22). Locations of these hospitals were plotted on Google Map (Fig. 2). Located in the hot
338 summer and cold winter area, a large amount of energy consumed in these hospitals has been
339 used for air-conditioning and space heating due to the long summer and short winter (Chen et
340 al. 2009). Additionally, just as hospitals in other megacities such as Beijing, Shenzhen, these
341 sampled hospitals of Shanghai are extremely busy providing medical services to locals as well
342 as people from other regions of China (Wang et al. 2016), resulting in a continuous rise in
343 energy cost as well as a high environmental impact. According to a local energy consumption
344 monitoring report, the healthcare buildings of Shanghai have the highest energy usage intensity
345 177.8 kWh/(m²a) among all building types in 2018 (SMMCHUD and SDRC 2019).

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347 Insert Figure 2 about here
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349 Fig. 3 presents the layout of one sampled hospital. Located in the same city, these hospitals
350 have similar buildings typologies, such as assemblies and geometry. Each of the sampled
351 hospitals can be regarded as a building group that consists of buildings with different functions,
352 such as outpatient department, emergency department, inpatient wards, operating rooms, and
353 supporting spaces (e.g., pharmacy and radiology). For these hospitals, the air conditioning
354 system may be central air-conditioning systems, variable refrigerant volume (VRV) unit
355 systems, large-sized test devices for air-cooled heat pump units, and split air-conditioning

356 systems (Cao et al. 2020). Among the three common types of building structures, i.e., brick-
357 wood, brick-concrete, and reinforced, most sampled hospitals are made of brick-concrete
358 (Hong et al. 2016).

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360 Insert Figure 3 about here
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362 **Energy Consumption Data**

363 Monthly utility usage from January 2015 to December 2018 was obtained from the intelligent-
364 Building Energy Support System (i-BESS), including two main fuel types: electricity and
365 natural gas. The i-BESS is an external data repository developed by the Shanghai hospital
366 development center (SHDC), tracking energy usage and utility cost for all its hospitals. The i-
367 BESS consists of two sub-platforms, one platform is designed for SHDC, and the other one is
368 for municipal hospitals managed by SHDC. The platform of SHDC consists of modules of land
369 and building use information, equipment installation information (e.g., boiler, elevator, and
370 medical gas systems), and specific energy and resources consumption information of different
371 hospitals. For the platform of municipal hospitals, it is mainly used for operation monitoring,
372 quality monitoring, and data analysis. Initially, different physical units were used to measure
373 different types of energy, such as kilowatt-hours (kWh) for electricity and cubic meter (m³) for
374 natural gas. To compare these energy measurements with each other, we need to convert them
375 to the same units. Therefore, electricity (kWh) and natural gas (m³) usage were converted into
376 standard coal consumption with the unit of kilograms of standard coal equivalent (kgce) and
377 summed to provide a single approximate value for the energy use of each hospital. The
378 conversion coefficient of electricity and natural gas are 0.327 kgce/kWh and 1.214 kgce/m³,
379 respectively (Wei et al. 2018). Then, the energy consumption can be calculated from the
380 following equation:

$$381 \quad \text{Energy use (kgce)} = 0.327 \times \text{Electricity use (kWh)} + 1.214 \times \text{Natural use (m}^3\text{)} \quad (7)$$

382 Considering that building envelope deterioration tends to be slow, the monthly energy
383 consumption data are aggregated to annual total energy consumption. In this way, the average
384 annual energy use from 2015 to 2018 was calculated for each hospital (see Fig. 4). As noted in
385 Fig. 4, most hospitals have a relatively steady trend of energy use across four years.

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387 Insert Figure 4 about here
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389 **Energy Influencing Factors**

390 According to the findings of previous research related to building energy performance
391 measurement (Hong et al. 2014; Park et al. 2016), the desired dataset should consist of building
392 envelope information (e.g., floor area, number of floors, building condition), occupants'
393 demography (e.g., number of occupants), building function (building use ratio), and local
394 climate statistics (e.g., outdoor temperature). In this study, twelve energy influencing factors
395 were eventually used to describe features of the sampled hospitals by considering the procedure
396 for selecting inclusive variables in previous literature and the data availability simultaneously
397 (Table 1). Among them, the first three factors can be viewed as building envelope relevant, i.e.,
398 gross floor area, number of floors above ground, and number of available beds. The following
399 four indicators are occupant relevant, including personnel expenses, number of outpatients,
400 number of emergency patients, and number of inpatients. The personnel expense was used as
401 a proxy indicator of staff input due to the limited access to the data of staff. When it comes to
402 the building use category, each hospital was divided into four types of building use, namely,
403 outpatient and emergency patient units (OEPUs), medical technical units (MTUs), inpatient
404 units (IPUs), and facility management units (FMUs), according to the code for design of
405 general hospitals in China (NHCPRC 2014). Therefore, the building use ratio (BUR) of the
406 above-mentioned four building types were calculated as the gross floor area divided by the
407 floor areas allocated to different building uses (Park et al. 2016), i.e., BUR_{OEPU} , BUR_{MTU} ,

408 BUR_{IPU} , and BUR_{FMU} . As can be seen from **Error! Reference source not found.**, most of the
409 sampled hospitals are geographically concentrated. Thus, weather differences can be ignored
410 across the group of hospitals.

411 Similar to the collection of energy consumption data, monthly data of the independent
412 variables from the year 2015 to 2018 were collected and then aggregated and used as data on
413 yearly basis. As is shown in Table 1, the majority of the data were downloaded from i-BESS,
414 whereas the number of patients was drawn from Healthcare Information System (HIS).
415 Remarkably, the data of annual personnel expenses were downloaded from the public website
416 of the Shanghai government (Shanghai Municipal People's Government 2021). For brevity, the
417 average of these data across the four years was calculated for the later benchmarking model
418 development.

419 -----
420 Insert Table 1 about here
421 -----

422 **Error! Reference source not found.** gives the basic statistics for the above-mentioned
423 variables, including their mean value, median value, maximum value, minimum value, and
424 standard deviation.

425 -----
426 Insert Table 2 about here
427 -----

428 **Methods Selection**

429 **MLR Method**

430 A multiple linear regression model was developed using characteristics of the 22 sampled
431 hospitals as independent variables. The final MLR model is shown as the following equation,
432 in which three independent variables were employed as significant, including GFA , FAG , and
433 NIP .

$$434 \ln TEC = 4.656 + 0.661 \ln GFA + 0.207 \ln FAG + 0.235 \ln NIP \quad (8)$$

435 It was expected that the increase in GFA and NIP would increase the energy

436 consumption of the hospital because more medical services would be delivered. As *FAG*
437 grows, the total energy consumption will also increase because more electricity will be used
438 for vertical transportation such as elevators.

439 The developed model was found to be significant with a p -value less than 0.001 and have
440 large goodness of fit with the adjusted R^2 of 0.957, and thus it could adequately explain the
441 correlation between energy consumption and the various factors. Therefore, this regression
442 model can be used for energy benchmarking of hospital buildings.

443 444 **GAM Method**

445 In this study, the GAM-based benchmarking model was implemented by the "mgcv"
446 package (version 1.8.33) of the R program (version 4.0.2) (Rstudio Team 2020). Consistent
447 with the result of the MLR model, the three significant independent variables in GAM were
448 *GFA*, *NIP*, and *FAG*. **Error! Reference source not found.** summarizes all the estimation for
449 GAM's smooth function, and the adjusted R^2 was 0.98. Therefore, the GAM model can be used
450 for energy benchmarking.

451 -----
452 Insert Table 3 about here
453 -----

454 **EPI Method**

455 As a simple baseline benchmarking method, EPI represents the most straightforward
456 measurement of energy efficiency. In this study, three types of EPIs were taken into account,
457 i.e., energy consumption per gross floor area (EPI_{area}), energy consumption per bed (EPI_{bed}),
458 and energy consumption per patient (EPI_{person}). Fig. 5 shows the distribution of EPI_{area} ,
459 EPI_{bed} , EPI_{person} among the 22 hospitals, respectively. The mean value of EPI_{area} , EPI_{bed} ,
460 EPI_{person} are 65.45 kgce/(m^2a), 8208.04 kgce/($bed \cdot a$), 3.74 kgce/($person \cdot a$), respectively.

461 -----
462 Insert Figure 5 about here
463 -----

464 **Derivation of Ranking Table**

465 **MLR Ranking**

466 Based on the above MLR model, the predicted energy consumption of each hospital can be
467 calculated. Table 4 presents the ranking results based on energy efficiency ratios calculated
468 using the MLR method. As noted in Table 4, of the 22 hospitals, 11 have an energy efficiency
469 ratio less than 1.

470 -----
471 Insert Table 4 about here
472 -----

473 **GAM Ranking**

474 Once the GAM model is identified, predicted energy consumption could be calculated. The
475 calculation process of the EER score is similar to that of MLR, which is, dividing the predicted
476 energy consumption by the actual energy consumption. Table 5 presents the ranking results of
477 EER based on the GAM method. As can be observed, among the 22 hospitals, 14 of them have
478 an EER of less than 1.

479 -----
480 Insert Table 5 about here
481 -----

482 **EPI Ranking**

483 Table 6 presents the quantitative results of EPI of the sampled hospitals. As explained in the
484 previous section, a greater EPI ranking value indicates a higher energy efficiency.

485 -----
486 Insert Table 6 about here
487 -----

488 **Comparison of Methods**

489 Each of the above methods provided a collection of unique benchmarking results for the
490 sampled hospitals. When a number of benchmarking methods are available, which one should
491 facilities managers adopt is of great significance on the final benchmarking result. Thus, a
492 comparative analysis of the three benchmarking methods was conducted in terms of the

493 goodness of fit, consistency, and robustness.

494 **Goodness of Fit**

495 As previously mentioned, EPI is calculated as the total energy consumption divided by a
496 dominant energy influencing factor. In other words, it can also be considered as a linear
497 regression with only one independent variable. Thus, to get the adjusted R^2 of EPI methods
498 (i.e., EPI_{area} , EPI_{bed} , EPI_{person}), three linear regression models were established by treating gross
499 floor area (GFA), the number of available beds (NAB), and the total number of patients ($TNOP$)
500 as the only input variable with TEC being the dependent variable. Fig. 6 gives the relationship
501 between TEC and the three variables. The result indicated that almost 89% of the variation in
502 the TEC could be explained by GFA .

503 -----
504 Insert Figure 6 about here
505 -----

506 Table 7 gives the adjusted R^2 of the five models, i.e., MLR, GAM, EPI_{area} , EPI_{bed} , and
507 EPI_{person} . It can be observed that GAM can provide the highest goodness of fit with the adjusted
508 R^2 is 0.98, followed by MLR and EPI_{area} .

509 -----
510 Insert Table 7 about here
511 -----

512 **Consistency**

513 According to Bonett and Wright (2000), a relatively accurate estimation of the Spearman
514 Coefficient can be achieved when the sample size is larger than 20. Thus, the Spearman
515 correlation coefficients with corresponding p -values based on the ranking of the five
516 benchmarking methods are shown in **Error! Reference source not found.** As pointed out by
517 Akoglu (2018), there is a weak correlation between two variables when the Spearman
518 coefficient ranges from 0.1 to 0.3. The correlation between the two variables becomes stronger
519 with the increase of the Spearman coefficient. It can be seen that the rankings of MLR and the
520 EPI_{area} are most consistent with the largest Spearman correlation coefficient of 0.743, whereas

521 the GAM and the EPI_{area} have the weakest correlation with a 0.487 correlation coefficient.
522 Therefore, MLR is the method that can bring the highest consistency, which is consistent with
523 the conclusion drawn by Ding and Liu (2020). Interestingly, it was found that there is no
524 significant correlation observed among the ranking of three commonly used EPIs (i.e., EPI_{area} ,
525 EPI_{bed} , EPI_{person}) in healthcare scenarios. The empirical results showed that energy
526 consumption normalized by gross floor area (EPI_{area}) is the most suitable indicator for
527 denoting the energy performance of healthcare facilities, which is consistent with the
528 conclusion drawn by (González González et al. 2018b), a study focused on the energy
529 consumption of hospitals in Spain. The results suggest that how the total energy consumption
530 is normalized can impact the final ranking results significantly. Thus, more attention should be
531 paid to the selection of the energy performance index despite its ease of use and interpretability.

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533 Insert Table 8 about here
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535

535 **Robustness**

536 As can be observed from previous analysis, both EPI_{bed} and EPI_{person} have relatively low
537 goodness of fit and Spearman coefficients with the other three benchmarking methods. Thus,
538 they will not be considered for further analysis. Fig. 6 is a Sankey diagram displaying the
539 differences in energy performance ranking results of the three methods. The first column gives
540 the ranking based on the MLR method. The second column gives the ranking based on the
541 GAM method. The third column gives the ranking based on the EPI. As such, Fig. 7 provides
542 a general overview of the variation of the rankings.

543 As noted in Fig. 7, most hospitals with the best or the worst energy efficiency remained
544 consistent regardless of the method used. However, rankings of hospitals in the middle range
545 varied greatly according to the method employed. For instance, H3 ranked 3 with the MLR
546 method; however, it dropped to 12 with the EPI method and even lower to 22 with the GAM

547 method. H8's GAM ranking was 15, rising to 12 with the MLR method and even higher, to 4
548 with the EPI method. In addition, the pairwise comparisons of the three benchmarking methods
549 showed that 36.4% of the sampled hospitals were assessed with a different group between the
550 MLR method and GAM method. The values were 22.7% and 54.5% by comparing MLR-EPI
551 and GAM-EPI, respectively. Thus, MLR can also be perceived as the most robust
552 benchmarking method.

553 -----
554 Insert Figure 7 about here
555 -----

556 Discussion

557 Different ranking results can be obtained based on the benchmarking method employed (see
558 Fig. 8).

559 -----
560 Insert Figure 8 about here
561 -----

562 The essential purpose of energy benchmarking is to identify the best practice so that other
563 hospitals can learn from them. In this study, the best practice should be the hospital with the
564 highest ranking in terms of EER among all the sampled hospitals. As is noted in Fig. 8, the best
565 performer in both MLR and GAM is H16, whereas the best performer in EPI is H21. Then, a
566 further investigation on these two hospitals was conducted. H16 is a traditional Chinese
567 medicine hospital with a gross floor area of 39850 m². TCM hospitals are medical institutions
568 that treat the patients with service (e.g., acupuncture, scraping therapy) and traditional products
569 (e.g., Chinese herbal piece, Chinese patent medicine) to maintain public health (Li et al. 2020).
570 One factor that may have contributed to the low EPI of H16 is its advanced energy management
571 level. According to Bao et al. (2015), a logistics intelligent management system was introduced
572 to H21 before 2015, earlier than most other sampled hospitals. The system mainly consists of
573 information on building construction, electricity, water, central air conditioning, water supply
574 and drainage, boilers, elevators, medical equipment, and other systems. Among these sub-

575 systems, particular attention has been paid to an energy monitoring system that can monitor the
576 detailed usage of energy sources in real-time. Consequently, the energy management level of a
577 hospital can be improved, and the energy cost can be reduced further.

578 H21 is a mental health hospital specializing in the treatment of severe mental disorders.
579 Different from those psychiatric hospitals that provide short-term or outpatient therapy for low-
580 risk patients, H21 is specialized in the temporary or permanent care of residents requiring
581 routine assistance, treatment, or a specialized and controlled environment due to psychological
582 disorder. Thus, the majority of residents in H21 are inpatients with a long occupancy period.
583 Compared to other typical hospitals such as general or specialty hospitals, the volume of
584 energy-consuming activities (e.g., outpatient therapy or operating) is far smaller in a psychiatric
585 hospital like H21, resulting in a relatively low total energy consumption. Thus, low EPI of H21
586 can be considered as the result of its specific function to some extent.

587 As can be observed in Figure 8, the worst performer of the MLR method was H15. The
588 worst performer of the GAM method was H2, whereas the worst performer of EPI_{area} was H4.
589 Interestingly, it was found that hospitals with the last three EER remain consistent across the
590 three methods. Thus, a deeper investigation was conducted on the three hospitals, i.e., H2, H4,
591 and H15. It was found that H2 is a general hospital built in 1907, a time when there were no
592 strict regulations on energy conservation in China. H4 is also a general hospital with an even
593 longer history than H2, which was built in 1844. H4 has many advanced large-scale medical
594 equipment such as cell knives, ultrasonic knives, MRI, 128-row CT, digital X-ray camera, PET-
595 CT, which are energy-intensive. H15 is a traditional Chinese medicine hospital equipped with
596 various energy-intensive medical equipment, including 3.0T MRI machine, gene chip scanner,
597 luminescence immunoassay analyzer, automatic modular biochemistry, bone and joint imager,
598 etc.

599 It has been widely acknowledged that sample size inefficiency will bring the concern of

600 generalizability of studies' results, i.e., the potential to draw inferences from the sample to the
601 broader study population (Vasileiou et al. 2018). However, as noted in Jenkins and Quintana-
602 Ascencio (2020), greater sample size may be unavailable due to the limited cost and effort.
603 Thus, it is important to determine the minimum sample size of statistical analysis. A review of
604 the few articles shows that the minimum sample size varies in different scenarios. For example,
605 Curtis et al. (2015) suggested that statistical analysis should have a minimum of 5 independent
606 samples per group. Ford (2005) mentioned that a minimum sample size of 10-20 per predictor
607 was acceptable for ecological studies. Others have offered advice based on the data shape at
608 different sample sizes, assuming that a stable data shape can bring accurate inference (i.e.,
609 generalizability). According to (Jenkins and Quintana-Ascencio 2020), the data shape can be
610 clearly identified when the sample size is larger than 8 and an accurate inference is available
611 when the sample size is larger than 25. Thus, the statistical analysis in this study can be
612 considered valid using a sample size of 22 hospitals.

613 **Conclusion**

614 A better understanding of the relative energy efficiency of buildings is crucial for building
615 owners and managers to target energy savings opportunities, especially for healthcare facilities
616 characterized by intense use of high-end equipment and accessories. To accomplish this, a
617 three-way methodology (i.e., MLR, GAM, EPI) to calculate and benchmark the hospital energy
618 efficiency ratios were developed against empirical data from 22 large-scale municipal hospitals
619 in Shanghai, China. The findings suggest that different benchmarking methods yield
620 substantively different energy performance ranking results. Interestingly, it was found that the
621 last three energy-inefficient hospitals remain consistent across the three methods. Furthermore,
622 these ranking results were compared in terms of the goodness of fit, consistency, and robustness.
623 The results show that the MLR model tends to be the one with the highest consistency and
624 robustness, whereas the GAM model can bring the highest goodness of fit in terms of adjusted

625 R^2 . Therefore, it is recommended that energy managers should apply multiple benchmarking
626 methods instead of an arbitrary choice of one single method, avoiding misleading policy
627 conclusions drawn by using only one benchmarking method.

628 This study offers the following key contributions. First, we contribute to the extant
629 literature on energy benchmarking by developing a methodology considering the energy
630 characteristics of healthcare facilities. Given the importance of healthcare facilities in general,
631 and particularly in the pandemic period, this study sheds some lights on the aspects of
632 affordability and cost related to energy efficiency and consumption of healthcare facilities
633 using real data. Second, this work contributes to the academic debate about which
634 benchmarking method should be selected when there are various energy benchmarking tools
635 available. This study presents a possible instrument and process to establish an efficient energy
636 benchmarking framework by using several evaluation criteria, such as goodness of fit,
637 consistency, and robustness. Furthermore, the proposed methodology in this paper could be
638 applied to evaluation of any group of benchmarking methods when there is no or limited actual
639 energy performance data, which is urgently needed both in research and practice for managing
640 energy performance of healthcare facilities. It is worth noting that both the benchmarking
641 methods and the evaluation criteria outlined in this study are only three of many that could
642 potentially be used. This approach could be applied to other industry sectors as well, by
643 replacing the healthcare-specific factors in this study with correspondingly more suitable ones
644 for the industry of interest.

645 Our results have managerial implications. At the single hospital level, hospital managers
646 can know how their hospitals perform in terms of energy performance against a group of similar
647 hospitals. Once the performance gap is identified, they can conduct a deeper investigation of
648 the best performer and then take suggested refurbishment strategies. At the level of
649 management agency of hospitals such as SHDC, the benchmarking results can facilitate the

650 exchange of experience and knowledge in the field of energy management between different
651 hospitals, which is helpful for forming a collaborative benchmarking network. In this way, they
652 can make informed decisions (e.g., allocation of limited resources, prioritization of energy
653 retrofitting programs) to improve the overall performance of hospital groups.

654 This study has the following limitations. First, benchmarking results presented in this
655 paper are only valid for the sampled hospitals and periods analyzed. Because of the limited
656 number of cases, it is not appropriate to draw any far-reaching conclusions about the generality
657 of the specific benchmarking methods beyond this scope. Second, due to the limitations of the
658 database and missing values, only 12 independent variables were ultimately chosen for energy
659 benchmarking. As the i-BESS evolves, new factors could be added to ascertain a more
660 comprehensive ranking. Despite the lack of some energy influencing factors (e.g., the type of
661 HVAC systems, hours of operation), the benchmarking models applied in this study can explain
662 the majority of the variance in the practical energy consumption according to the high value of
663 adjusted R^2 . Thus, it is still reasonable to identify the best practice generated by the three
664 benchmarking methods.

665 **Data Availability Statement**

666 Some or all data, models, or codes that support the findings of this study are available from the
667 corresponding author upon reasonable request.

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