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## CONCLUSION

Exciting and rewarding times, lifelong friendships, and a few challenges lie ahead of you as you and your Family live and grow with the Army. Together, as a Family team, you can make the most of your Army life by taking advantage of the many resources and opportunities discussed in this publication. There are a tremendous number of things out there for you, and taken together, they show in part that the Army is committed to its most important valuable assets: Soldiers and Families.



ARMY STRONG.





# Useful Web sites

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American Red Cross  
[www.redcross.org/services](http://www.redcross.org/services)  
Select Military Members & Families

Army and Air Force  
Exchange Service (AAFES)  
[www.aafes.com](http://www.aafes.com)

Army Civilian Personnel  
Online  
[www.cpol.army.mil](http://www.cpol.army.mil)

Army Community Service  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

Army Emergency Relief  
(AER)  
[www.aerhq.org](http://www.aerhq.org)

Army Family Action Plan  
(AFAP)  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)  
Select > Getting Involved

Army Family Team Building  
(AFTB)  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)  
Select > Getting Involved  
> Then AFAP  
> Then AFTB

Army Future Soldiers  
Training Program  
[www.futuresoldiers.com](http://www.futuresoldiers.com)

Army Human Resources  
Command  
[www.hrc.army.mil](http://www.hrc.army.mil)

Army Knowledge Online  
[www.army.mil/ako/](http://www.army.mil/ako/)

Army Morale, Welfare, and  
Recreation  
[www.armymwr.com](http://www.armymwr.com)

Army National Guard  
[www.arng.army.mil](http://www.arng.army.mil)

Army Reserve Family Programs  
[www.arfp.org](http://www.arfp.org)

Army Staff Judge Advocate  
[www.jagcnet.army.mil/legal](http://www.jagcnet.army.mil/legal)

Defense Finance and Accounting  
Service (DFAS)  
[www.dfas.mil](http://www.dfas.mil)

Defense Finance and Accounting  
Service (DFAS)  
(LES Explanation)  
<http://www.dfas.mil/army2.html>

Defense Manpower Data Center  
(ID Card Site Locator)  
[www.dmdc.osd.mil/rsi](http://www.dmdc.osd.mil/rsi)

Department of Defense (DoD)  
[www.defenselink.mil](http://www.defenselink.mil)

Exceptional Family Member  
Program  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

Family Advocacy Program  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)  
Select > Home & Family Life  
Then > Family Advocacy

Family Readiness Group (FRG)  
[www.armyfrg.org](http://www.armyfrg.org)  
Also includes virtual FRG's

Legal Assistance  
[www.jagcnet.army.mil/legal](http://www.jagcnet.army.mil/legal)

Life Insurance Program  
[www.insurance.va.gov](http://www.insurance.va.gov)

Military Assistance Program  
[www.defenselink.mil/mapsite/](http://www.defenselink.mil/mapsite/)

Military Home Front  
[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

Military OneSource  
[www.militaryonesource.com](http://www.militaryonesource.com)

Military Pay  
[www.dfas.mil/army2.html](http://www.dfas.mil/army2.html)

Military Teens on the Move  
(MTOM)  
[www.defenselink.mil/mtom/](http://www.defenselink.mil/mtom/)

My Army Life, Too  
[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

My Pay  
<https://mypay.dfas.mil>

Red Cross  
[www.redcross.org/services](http://www.redcross.org/services)

Relocation Readiness Program  
[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

TRICARE  
[www.tricare.mil](http://www.tricare.mil)

TRICARE Dental  
[www.tricaredentalprogram.com](http://www.tricaredentalprogram.com)



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## USEFUL PHONE #'s

**American Red Cross**  
1-877-272-7337

**Armed Forces Emergency Service Center**  
1-877-272-7337

**Army and Air Force Exchange Service (AAFES)**  
214-312-2011

**Army Emergency Relief (AER)**  
866-878-6378

**Army Staff Judge Advocate**  
703-588-2560

**Military OneSource**  
1-800-342-9647

**TRICARE 1-888-DOD-LIFE**  
1-888-363-5433

**TRICARE DENTAL**  
1-800-866-8499



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# Glossary

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## GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

The military has had its own special language for as long as anyone can remember. Acronyms are used as a fast and convenient way of conveying information. Terms are usually specific to the Army and, through the years, have become part of the Army culture. Today, this language provides a quick and easy way to communicate. But it takes some getting used to when people refer to the Family car as a "POV." The following list explains some common acronyms used by the Army.

### **1SG – FIRST SERGEANT**

The ranking enlisted Soldier in a company.

### **AAFES - ARMY AND AIR FORCE EXCHANGE SERVICE**

Part of the military retail store system. Includes the Post Exchange or PX.

### **AC – ACTIVE COMPONENT**

Organizations in the military that are on continuous active duty as opposed to the Reserve Components, which are usually on active duty only during training.

### **ACS – ARMY COMMUNITY SERVICE**

An organization usually found on Army posts that provides various services to Soldiers and their Families.

### **ACU – ARMY COMBAT UNIFORM**

Current uniform worn by the Army. It is the successor of the BDU (Battle Dress Uniform) and the DCU (Desert Camouflage Uniform).

### **AER – ARMY EMERGENCY RELIEF**

A program that can provide limited financial assistance through loans or grants to qualifying individuals during times of emergency.

### **AFTB – ARMY FAMILY TEAM BUILDING**

A program, usually run by volunteers, that helps educate Family members about the Army. Online training is also available.

### **AIT – ADVANCED INDIVIDUAL TRAINING**

Training given to Soldiers, usually immediately following Basic Combat Training, that teaches them and qualifies them in a particular skill or occupational specialty (see MOS).

### **AWOL – ABSENT WITHOUT LEAVE**

The unapproved absence from the normal place of duty.

### **BAH – BASIC ALLOWANCE FOR HOUSING**

Monies paid to Soldiers to help defray some of the costs of housing when the individual does not live in government provided housing.

### **BARRACKS – LIVING AREAS OR DORMITORIES**

Where Soldiers who are not accompanied by Family members live.

### **BAS – BASIC ALLOWANCE FOR SUBSISTENCE**

Money paid to Soldiers to help defray the cost of purchasing food when they are not required to eat in a government provided dining facility.





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## GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

### **BCT – BASIC COMBAT TRAINING**

Training given to new enlisted Soldiers to give them basic knowledge of the Army and teach them basic Soldier skills.

### **BN – BATTALION**

A military organization usually exercising command and control of subordinate companies.

### **CDC – CHILD DEVELOPMENT CENTER**

A location that provides full, part-time, and hourly care for children from six weeks old to five years old.

### **CDR – COMMANDER**

The boss and person who is responsible for everything that does or does not happen within an organization.

### **CG – COMMANDING GERNERAL**

The general officer in charge of an organization.

### **CHAIN OF COMMAND**

A unit's leadership. These are the people who are in charge and other leaders, or who works for whom. The term is used to describe the level of leaders going in either direction, from the highest level leader down to the lowest or from the lowest up to the highest.

### **CHAIN OF CONCERN**

Spouse equivalent of chain of command.

### **CO – COMMANDING OFFICER OR COMPANY**

The officer in charge of an organization or an abbreviation for "company" that refers to the designation of a unit created to provide command and control over a group of people (often made up of several subordinate platoons).

### **COMMISSARY**

Grocery stores found on military installations.

### **CONUS – CONTINENTAL UNITED STATES**

A location inside the 48 contiguous United States.

### **CYS – CHILD AND YOUTH SERVICES**

Army programs that provide comprehensive child and youth programs for infants through 12th grade.

### **DA – DEPARTMENT OF THE ARMY**

Sometimes refers to the entire Army organization, and sometimes used to refer to just the Headquarters Army staff who work in the Pentagon.





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### DEERS – DEFENSE ENROLLMENT ELIGIBILITY REPORTING SYSTEM

Computer database for tracking information about Soldiers and Family members and their eligibility for access to services and benefits.

### DEPENDENT – FAMILY MEMBER

Someone who is recognized by the Army as being a member of the immediate Family of a Soldier.

### DFAS – DEFENSE FINANCE AND ACCOUNTING SERVICE

The payroll arm for Department of Defense.

### DOD – DEPARTMENT OF DEFENSE

The branch of government responsible for all of the armed services.

### EFMP – EXCEPTIONAL FAMILY MEMBER PROGRAM

A program that works with various agencies to provide services to Family members with special needs.

### ETS – END TOUR OF SERVICE

The date when the Soldier's contractual obligation for duty will be complete, and the Soldier can separate from the Army.

### FRG – FAMILY READINESS GROUP

A group of people within a unit/organization who volunteer to provide Soldiers and Families support. The FRG helps information flow among its members, the chain of command, and participating community activities.

### FTX – FIELD TRAINING EXERCISE

A training event held in a field environment.

### ID CARD – IDENTIFICATION CARD

A card issued by Department of Defense that is used for personal identification and for access to programs and benefits.

### IET – INITIAL ENTRY TRAINING

The first formal training a soldier receives including Basic Combat Training (BCT) and the follow-on Advanced Individual Training (AIT) course.

### MESS HALL – MILITARY DINING FACILITY

A large military cafeteria.

### MOS – MILITARY OCCUPATIONAL SPECIALTY

A job classification, skill, or trade. Each as an alphanumerical representation and a title. For example, 11B is the MOS for an Infantryman.

### MP – MILITARY POLICE

The Army's police force.





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## GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

### **MRE – MEAL, READY TO EAT**

These are complete, packaged meals that are usually provided to Soldiers in an operational (field) environment.

### **MTF – MILITARY TREATMENT FACILITY**

A health care facility, such as a clinic or hospital.

### **MWR – MORALE, WELFARE, AND RECREATION**

Programs and activities that provide support to Soldiers and their Family members through such things as physical fitness facilities, libraries, unit level sports programs, youth activities, child development programs, arts and crafts skill development, outdoor recreation and golf courses, bowling lanes, and clubs.

### **NCO – NONCOMMISSIONED OFFICER**

An enlisted person who has been promoted to the rank of corporal or sergeant and above.

### **OCONUS – OUTSIDE CONUS**

A duty assignment outside the Continental United States.

### **PCS – PERMANENT CHANGE OF STATION**

The physical move from one duty location to another.

### **POV – PRIVATELY OWNED VEHICLE**

Automobile.

### **PX – POST EXCHANGE**

The retail stores run by the Army and Air Force Exchange Service.

### **QUARTERS – HOUSING**

Place of residence of military personnel and their Family members.

### **SOP – STANDING (OR STANDARD) OPERATING PROCEDURE**

A set of instructions for handling a particular situation or process – the normal way of doing business.

### **TA-50 – COMMON TABLE OF ALLOWANCE #50**

The list of special clothing and equipment used by Soldiers when operating in the field; includes things like pistol belts, helmets, rucksacks, canteens, etc.

### **TDY – TEMPORARY DUTY**

Duty performed at some location other than the permanently assigned location. A single TDY trip is usually limited to 179 days or less.





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## GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

### TRICARE – TRI-SERVICE MEDICAL CARE

The DOD medical and dental entitlement program for people in uniform and their Families.

### UCMJ – UNIFORM CODE OF MILITARY JUSTICE

Uniform Code of Military Justice (UCMJ) is the military's set of laws. Like a civilian penal code, the UCMJ (1) defines crimes and lesser offenses recognized under military law and the boundaries of punishment for each offense, (2) provides the right of defense for the Soldier, and (3) provides for the manner under which each offense is brought before a commander-or tried before a judge or panel (jury).

